



JOIN US IN THIS WORKSHOP WITH STEVE
CLORFEINE!

PLAYFULNESS & MINDFULNESS

improvising from the inside out

A one weekend about improvisation, movement and
meditation

MARCH 2020

13-15

13 Friday 16h30/19h
14 Saturday 10h/13h45
16h/18h30
15 Sunday 10h/13h45

La Bòbila
Hospitalet-BARCELONA

Price: 165€
140€ (before 15 January)

"I think of improvisation as fieldwork, an open laboratory for expressive communication; a heightened awareness that develops and shifts with natural grace" Steve Clorfeine

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